

WRISTBAND POLICY



YELLOW BANDS: AGES 4-11

- **11 & UNDER: CANNOT** be dropped off. **MUST** be in arm's reach of someone 18 years of age or older **AT ALL TIMES**
- **CAN** use basketball courts, pool, and walking track **ONLY** (**MUST** have someone 18 or older to use walking track.)
- Not allowed to use the Cardio Room or Weight area, child is allowed to sit in the area and wait on the parent. **MUST** be in view of the parent at all times.

BLUE BANDS: AGES 12-14

- **MUST** be in arm's reach of someone 18 years of age or older to be allowed in the Cardio Room, Weight Room or Walking Track
- **CAN** be in the Basketball Courts or Pool by themselves.

RED BANDS: AGES 15-18

- Can be in the Basketball Courts, Pool, Cardio Room, Weight Room, and Indoor Track.
- Allowed to attend fitness classes
- Children ages 18 and under on the youth drop in or month fee **MUST** be signed back in by their parent/guardian and pay the daily rate again if they are on a daily fee.
- A dependent membership from 10 - 18 years of age may come and go without a parent/guardian signing them back in. Children 9 & under **MUST** have someone 18 years of age or older with them at all times.

All daily youth admissions are prohibited from leaving the facility and returning on the same day without their parents signing them back in.