

The Sports & Fitness Center Post

1515 MILL POND RD., CONWAY SC 29527

MARCH - MAY

SPORTS & FITNESS SPRING NEWS UPDATE



Get ready for Spring with the Conway Sports and Fitness Center

THE FITNESS AND AQUATICS CLASSES

Please see our class schedules by clicking the Fitness or Aquatic tab on our website.

SPORTS ACTIVITY DURATION

Spring	March 1st. - June 15th.
Fall	September 1st - November 6th
Winter	December 1st - March 1st
Summer Sports Camp	June - August

ACTIVITIES

Saturday, March 16th @ 1pm
Shamrock Freeze Plunge at the The Oasis at Smith Jones Pool

Friday, March 22nd @ 5pm
Floating Egg Hunt

Saturday, March 23rd @ 10am
Annual Easter Egg Hunt

Saturday, March 23rd @ 11am
Sensory Friendly Egg Hunt

Thursday, March 28th @ 8pm
Teen Flashlight Egg Hunt

Saturday, April 6th @ 10am - 2pm
Yard Sale Jamboree

Friday, May 24th @ 10am - 12:30pm
Collins Park Pickleball Clinic

OUR STORY

Programs at the Conway Parks and Recreation Center are essential to the overall well-being of our community. In addition to just being fun, our programs and services give all of us a chance to improve our physical and mental health, to develop our citizens, and to make a positive impact on our city.

SPRING INTO SPORTS, FUN, LAUGHTER, FITNESS AND HAPPINESS