

WRISTBAND POLICY



YELLOW BANDS: AGES 4-11

- **11 & UNDER: CANNOT** be dropped off. **MUST** be in arm's reach of someone 18 years of age or older **AT ALL TIMES**
- **CAN** use basketball courts, pool, and walking track **ONLY** (**MUST** have someone 18 or older to use walking track.)
- Not allowed to use the Cardio Room or Weight area, child is allowed to sit in the area and wait on the parent. **MUST** be in view of the parent at all times.

BLUE BANDS: AGES 12-14

- **MUST** be in arm's reach of someone 18 years of age or older to be allowed in the Cardio Room, Weight Room or Walking Track
- **CAN** be in the Basketball Courts or Pool by themselves.

RED BANDS: AGES 15-18

- Can be in the Basketball Courts, Pool, Cardio Room, Weight Room, and Indoor Track.
- Allowed to attend fitness classes
- Children ages 18 and under on the youth drop in or month fee **MUST** be signed back in by their parent/guardian and pay the daily rate again if they are on a daily fee.
- A dependent membership from 10 - 18 years of age may come and go without a parent/guardian signing them back in. Children 9 & under **MUST** have someone 18 years of age or older with them at all times.